

Across the United States from coast to coast and everywhere in between, you can find folks enjoying the thrill of sailing on everything from one-person dinghies to full-size cruisers.



## Learning to **'read the wind'**

is a very important part of sailing. Knowing where the wind is blowing helps you position your boat exactly where you need it to be.

There are many knots that are used on sailboats, each with a different task. To safely and securely tie your lines, the **'Clear hitch'** 

is an important and practical knot.



When you see different flags displayed on the masts of sailboats, they are actually sending a message.



Each flag represents a letter of the alphabet and a corresponding word. It's a universally recognized...

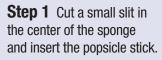
'language in flags'

## Xtra Fun, Xtra Credit!

## Make your own Fleet of Sailboats!

Materials Needed:

- Small Sponges
- Popsicle Sticks
- Heavy Paper
- Scissors



**Step 2** Cut a piece of construction paper into a small rectangle, square or triangular shape for the sail.

Step 3 Cut a small horizontal slit on the top and bottom

of the paper and carefully slide onto the popsicle stick 'mast'.

## Xtra Tip

We love using patterned paper for the sail and colored popsicle sticks for the mast.



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